

Sports Awards 2011

Football



The Varsity Football sports awards were awarded to Trevor Candelario for Outstanding Defence; Drake Matteson for Outstanding Offense; Ryan Welsh as MVP; Alex Alves as Mr. Honker; and Nathan Boyd for Most Improved. The All League Sports awards were given to Trevor Candelario; Alex Alves; Ryan Welsh; Drake Matteson; Joey Perry; and Jacob Candelario.

Nathan Boyd and Briones were both given Honorable mention.

The J.V. Football sports awards were given to Estevan Izo for Most Improved; Geoffrey Bateman as MVP; Neak Enns as MVP; and Chris Walter as MVP.

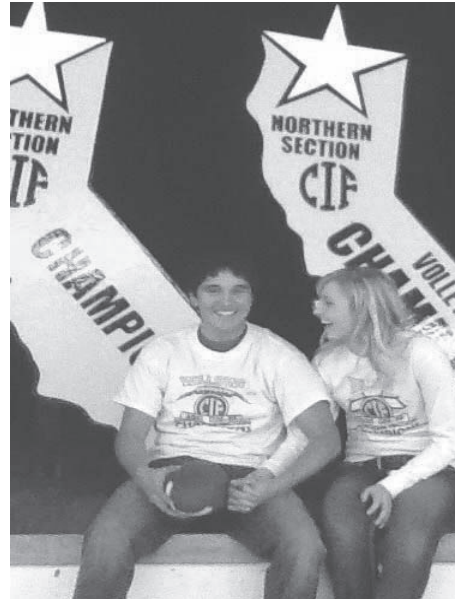
Congratulations to all Football players who played for our school!

Volleyball

The Girls Volleyball League awards were given to Samantha Brott; Mary Feeney; Ally Brunner; Megan Hughes; and Colleen Tade. Erika Click was also given an Honorable Mention.

The Girls Volleyball All League awards were given to Samantha Brott; Mary Feeney; Ally Brunner; Megan Hughes; and Colleen Tade. Erika Click was also given an Honorable Mention.

J.V. Volleyball awards were given to Emily Baker for Most Improved; Alyssa Beatty for Best All Around; and Kaylin Renfro for best Offense. Congratulations to all of the Volleyball player that played for out school and made this a memorable year.



Tennis

The Varsity Tennis awards were given to Kaylin Wilson as MVP; Hadiya Khan as MVP; Kylie for Most Improved; and Stephanie Carriere for Most Improved.

The tennis All league awards were given to Keylin Wilson and Kylie Gammon.

A special thank you and congratulations to all Tennis players who played for our Tennis Team this year.



Swimming

The Varsity Swimming gives All League Awards to Molly Bateman; Veronica Foley; and Noah Parham.

Thank you to all of you swimmers for making this a great year. Congratulations!



Thanksgiving

PUMPKIN PIE

During Thanksgiving families around the world eat pumpkin pie for dessert. Pumpkin pie is known as the national Thanksgiving dessert. The following recipe is from the Betty Crocker.com for the traditional pumpkin pie.

The preparing time usually will take about 20 min. and the total time is three hours and 20 minutes.

Ingredients:

1 1/3 Cups of Flour
1/2 Teaspoon Salt
1/3 Cup of Vegetable Oil
2 Tablespoons of Cold Water

2 Eggs

1/2 Cup of Sugar
1 Teaspoon of Cinnamon
1/2 Teaspoon of Salt
1/2 Teaspoon of Ginger
1/8 Teaspoon of Cloves
15oz Pumpkin
12oz Evaporated Milk

Directions:

Heat oven to 425 degrees. Mix flour, salt and the oil with a fork until all flour is moistened. Add the 2 tablespoons of cold water until it is absorbed. Shape pastry into a ball. Then press in bottom and up side of 9-inch glass pie plate.

In a large bowl, beat eggs slightly with wire whisk or hand beater, beat in sugar and cinnamon, salt, ginger, cloves, pumpkin and milk.

Place pastry lined pie plate on oven rack before adding filling. Carefully pour



pumpkin filling into pie plate. Then bake for 15 minutes.

Reduce oven temperature to 350 degrees. Bake for about 45 minutes longer or until knife or fork inserted in the center. When the knife comes out clean you will know it is done, then place pie on cooling rack. Cool completely for about 2 hours.

Then you can top with your favorite sweetened whip cream and enjoy!

Thanksgiving Traditions

Chriss DelRosario
Staff Reporter

Thanksgiving is celebrated around the world in different ways. Every country celebrated Thanksgiving in a different way and on different days. In America we celebrate it on the fourth Thursday of November, while Canada celebrates it on the second Monday of October, and India celebrates it on the 15th of August.

America celebrated Thanksgiving every fourth Thursday of November every year. Thanksgiving Day is a time of festivity, family meals and reunions in America. Carved turkey, pumpkin pie, corns, cranberry sauce are the traditional dishes adorning the dinner tables in almost every house.

Canada celebrates Thanksgiving on the second Monday in the month of October. It is celebrated to thank the Lord Almighty for a bountiful harvest. Canada celebrated it earlier because

autumn season starts earlier than Americas starts. The Thanksgiving celebration includes parades, customary family fest and turkey. The main idea behind Canada celebration is to be thankful for the past harvest and praying for the coming.

In India they celebrate Thanksgiving on 15th of August every year. It is celebrated in Goa with a different name. It is called Ladin or Ladainha Ladin means litany to the Virgin Mary. During the Thanksgiving ritual people thank god for all the material and spiritual benefits.

Thanksgiving was created by the Pilgrims. The first Thanksgiving started in 1621. During that time, the Pilgrims came to America and settled to live here and made homes. They celebrated the first Thanksgiving because they wanted to give thanks and appreciation for making it through the long journey. There were sports, games, food, dancing, singing, and revelry.

White Hot Chocolate

On a cold thanksgiving morning white hot chocolate is a great way to accompany your entrée. This beverage is very warm, delectable and a family favorite. If you like regular hot chocolate then you might love white hot chocolate too.

Ingredients:

1 Cup White Chips
1 Cup Heavy Cream
4 Cup Half-and-Half
1 Teaspoon Vanilla Extract
Whipped Topping
Mint Leaf

Directions:

In a medium saucepan over medium heat, combine white chocolate chips and heavy cream. Stir continuously until white chocolate chips have completely melted. Stir in the



half-and-half, and vanilla extract. Stir occasionally until heated through. Pour into mugs and top with a spoonful of vanilla whipped topping. It is optional to add a garnish with mint leaf.

Halloween

World Traditions

Adalberto Angel
Staff Reporter

Halloween is one of the oldest and most widely celebrated days in the world. Different parts of the world have different customs of celebrating Halloween. Everyone celebrates Halloween in their own way. In America some people trick or treat, while others celebrate by throwing parties.

In Italy Halloween is celebrated by making cakes in a shape of beans, called beans of the dead they also light candles in memory of their dead relatives. In the southern part of Italy they prepare a special feast for the souls. Then they all go to church to pray for all the souls deceased. They would stay in church all day and leave their house open so the souls would enjoy the food that was left for them. In England some people light bonfires, celebrating Guy Fawkes Day. They burn effigies and set off fireworks.

Halloween in America is celebrated by dressing up

and asking for candy at random houses, which is called trick-or-treating. Dia de los muertos, which is the day of the dead in English, is celebrated in Mexico and Spain, it starts on Halloween and ends on November second. It is celebrated to honor the dead people, for their return home for Halloween.

People in Canada celebrate Halloween by welcoming trick-or-treaters by placing pumpkins called jack-o'-lanterns around their house. This comes from an "Irish legend about a farmer named Jack, who would play tricks on the devil and god that got him banned from heaven and hell. Now he lives on earth as a flame inside jack-o'-lanterns", for more information go to "history.com". In Canada it is very superstitious for a black cat to pass by or enter a home or breaking a mirror or walking under a ladder. Some people throw Halloween parties or celebrating and decorating their house on a Halloween based theme.

Halloween Costums

Shawna Dollarhide
Staff Reporter

Halloween is a night full of fun, candy, and fright for some people. This night is also a time where children, teenagers, and even adults can dress up as they please. While one can dress to frighten or mock a celebrity, trends have been leading to rather risqué costumes both for adults and children.

However, some costumes on the market that people wear are considered inappropriate for young children to see.

Inappropriate costumes can be referred as being too short exposing boxers/underwear, showing too much cleavage, or in general indecent exposure. For the issues of it being too short, people can wear leggings, shorts, etc., underneath. I have noticed that teenagers do not seem to care to cover their overexposed areas. They do not need to reveal themselves that much to look stylish or portray another character. After all, there is a certain etiquette to presenting your-

self, even on Halloween!

Young kids look up to adolescents as role models and wearing something inappropriate gives them the wrong idea of accepted behavior. Everyone has a different way of looking at things, but wearing short skirts, shorts, and a strapless, revealing top is not being a good role model to children who do not know any better. Children are more likely to do what they see.

In reading this article, I hope you thought about your choices on Halloween and whom they affected! When choosing a costume, remember that younger kids will be watching and looking for new ideas for next year. Adults and young adults especially should try to make their costume more appropriate and they might notice that they do not have to reveal a lot to look stylish.

