

Murdock Menu For
October 2009 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pizza Tossed Salad Peaches Milk	2 Ham Sandwich Lettuce tomato Potato Wedge Shape up Milk Ketchup
5 Holiday	6 Holiday	7 Holiday	8 Holiday	9 Holiday
12 Popcorn Chicken Green Beans Carrots/ranch Banana Bread Sticks Milk	13 Burrito Corn Applesauce Orange Sherbet Milk	14 Hot Dog/Ketchup Green Beans Strawberries Shape up Milk	15 Pizza Tossed Salad/ranch Peaches Milk	16 Hamburger Lettuce/tomato/Pickle Potato wedge Apple Slices Chocolate chip cookie Milk
19 BBQ Pork Dunkers Rice Applesauce Broccoli Carrots Breadstick Milk	20 Grilled Chicken Patty Lettuce tomato pickle Potato wedge Grapes Milk	21 Corn dog Corn Apple Slices Shape up Chocolate chip cookie Milk	22 Pizza Tossed Salad/ranch Peaches Milk	23 Peanut Butter uncrustable Sunflower seeds Apple slices Carrots Shape up Milk
26 Hamburger/Ketchup Lettuce/tomato/pickle Potato Wedge Shape up Milk	27 Burrito Corn Applesauce Carrots Milk	28 Taco N Fixins Refried Orange Sherbet Power Alley Milk	29 Pizza Tossed Salad/Ranch Peaches Milk	30 Chicken Patty Lettuce/tomato/Pickle Potato Wedge Apple Slices Chocolate chip cookie Milk Ketchup

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