

Murdock Menu For

# January 2010 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Chicken Patty Lettuce tomato pickle French Fries Orange Sherbet Milk/Ketchup	5 Burrito Corn Applesauce Carrots Milk	6 Taco N Fixins Refried Beans Apple Slices Power Bar Milk	7 Pepperoni/Cheese Pizza Tossed Salad/Ranch Peaches Milk	8 Turkey Sandwich Lettuce tomato Pickle French Fries Orange Slices Milk
11 Hamburger Lettuce tomato pickle Potato Wedge Kiwi Ketchup Milk	12 Hot Dog/Ketchup Macroni & Cheese Green Beans Carrots/Apple Milk	13 Nachos Corn Orange Carnival Crunch Milk	14 Pepperoni & Cheese Pizza Tossed Salad/ranch Peaches Milk	15 Corn dog/Ketchup French Fries Orange slices Carrots Milk
18 Holiday	19 BBQ Pork Dunkers Rice Steamed Broccoli Applesauce/carrots Breadsticks Milk	20 Baked Chicken Mased Potato/Gravy Orange slices Rolls	21 Pepperoni & Cheese Pizza Tossed Salad/ranch Peaches Milk	22 Toasted Cheese Sandwich Potato Wedge Kiwi Milk
25 Chicken Nugget Green Beans Carrots/ranch Applesauce Breadsticks Milk	26 Burrito Corn Peaches Carrots Carnival Crunch Milk	27 Spaghetti Green Beans Orange Wedge Breadsticks Milk	28 Pepperoni & Cheese Pizza Tossed Salad/ranch Peaches Milk	29 Chicken Patty Lettuce tomato pickle Potato wedge Kiwi Milk

In accordance with Federal law and the U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.