

Murdock Menu For

# January 2010 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
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4 Cereal Sunflower Apple Juice Poptart Milk	5 Burrito Banana Milk	6 Cereal Bar Sunflower Seeds Apple Juice Milk	7 Breakfast Pizza Orange Milk	8 Buttermilk Bar Apple Slices Milk
11 Cereal Yogurt Poptart Apple Juice Milk	12 Ham & Cheese Bagel Banana Milk	13 Peanut Butter Uncrustable Apple Slices Milk	14 Pancake on stick Orange Milk	15 Honey bun Apple Slices Milk
18 Holiday	19 Cereal Sunflower Seeds Apple Juice Milk	20 Bagel Cream Cheese Apple Slices Milk	21 Burrito Orange Milk	22 Buttermilk Bar Apple Slices Milk
25 Cereal Yogurt Poptart Apple Juice Milk	26 Breakfast Pizza Banana Milk	27 Cereal Bar Apple Juice Sunflower Seeds Milk	28 Pancake on Stick Orange Milk	29 Honey Bun Apple slices Milk

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