

Murdock Menu For

August 2010 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Menu Subject to Change	5	6
9	10	11	12	13
16	17 Cereal Yogurt Poptart Orange Juice Milk	18 Bagel Cream Cheese Apple slices or Cereal/crackers Orange Juice Milk	19 Pancake on stick Syrup Grapes or Cereal/Crackers Orange Juice Milk	20 Buttermilk Bar Sunflower seeds Orange Juice Milk
23 Cereal Bar Sunflower Seeds Orange Juice Milk	24 Ham & Cheese Bagel Banana or Cereal/Cracker Yogurt/Orange Juice Milk	25 Peanut butter Uncrustable Apple slices or Cereal/cracker Orange Juice Milk	26 Burrito Grapes Milk Cereal/Cracker Orange Juice Milk	27 Honey bun Orange Juice Sunflower Seeds Milk
30 Cereal Yogurt Poptart Orange Juice Milk	31 Pizza Banana Milk			

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